# PRESS SURE PRINTING, INC.

# **COVID-19 Preparedness Plan template and instructions**

Executive Order 20-40, issued by Gov. Tim Walz on April 23, 2020, requires each business in operation during the peacetime emergency establish a "COVID-19 Preparedness Plan."

A business's COVID-19 Preparedness Plan shall establish and explain the necessary policies, practices and conditions to meet the Centers for Disease Control and Prevention (CDC) and Minnesota Department of Health (MDH) guidelines for COVID-19 and federal Occupational Safety and Health Administration (OSHA) standards related to worker exposure to COVID-19. The plan should have the strong commitment of management and be developed and implemented with the participation of workers. The Minnesota Department of Labor and Industry, in consultation with MDH, has the authority to determine whether a plan is adequate.

Your COVID-19 Preparedness Plan must include and describe how your business will implement at a minimum the following:

- 1. infection prevention measures;
- 2. prompt identification and isolation of sick persons;
- 3. engineering and administrative controls for social distancing;
- 4. housekeeping, including cleaning, disinfecting and decontamination;
- 5. communications and training for managers and workers necessary to implement the plan; and
- 6. provision of management and supervision necessary to ensure effective ongoing implementation of the plan.

This document includes a sample COVID-19 Preparedness Plan that meets the criteria listed above. No business is required to use this model. If you choose to use this model, you must adapt it to fit the specific needs of your business.

# **COVID-19 Preparedness Plan for Press Sure Printing, Inc.**

**Press Sure Printing, Inc.** is committed to providing a safe and healthy workplace for all our workers. To ensure that, we have developed the following Preparedness Plan in response to the COVID-19 pandemic. Managers and workers are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our workplaces, and that requires full cooperation among workers and management. Only through this cooperative effort can we establish and maintain the safety and health of our workers and workplaces.

Management and workers are responsible for implementing and complying with all aspects of this Preparedness Plan. **Press Sure Printing, Inc.** managers and supervisors have our full support in enforcing the provisions of this policy.

Our workers are our most important assets. We are serious about safety and health and keeping our workers working at **Press Sure Printing, Inc.** Worker involvement is essential in developing and implementing a successful COVID-19 Preparedness Plan. We have involved our workers in this process by addressing and discussing employee concerns on social distancing, hand washing, stay at home orders off job site and wearing masks if employees choose to. Our Preparedness Plan follows Centers for Disease Control and Prevention (CDC) and Minnesota Department of Health (MDH) guidelines and federal OSHA standards related to COVID-19 and addresses:

- hygiene and respiratory etiquette;
- engineering and administrative controls for social distancing;
- housekeeping cleaning, disinfecting and decontamination;
- prompt identification and isolation of sick persons;
- · communications and training that will be provided to managers and workers; and
- management and supervision necessary to ensure effective implementation of the plan.

# Screening and policies for employees exhibiting signs and symptoms of COVID-19

Workers have been informed of and encouraged to self-monitor for signs and symptoms of COVID-19. The following policies and procedures are being implemented to assess workers' health status prior to entering the workplace and for workers to report when they are sick or experiencing symptoms. Employees are asked to stay home if feeling sick or if they have been around any family members/anyone who are sick. Should they be tested for COVID-19, they are to communicate this with the company ASAP and continue to discuss throughout the testing process as to the results.

Press Sure Printing, Inc. has implemented leave policies that promote workers staying at home when they are sick, when household members are sick, or when required by a health care provider to isolate or quarantine themselves or a member of their household. All employees receive paid sick leave with full benefits.

Accommodations for workers with underlying medical conditions or who have household members with underlying health conditions have been implemented. All employees receive paid personal leave with full benefits.

Press Sure Printing, Inc. has also implemented a policy for informing workers if they have been exposed to a person with COVID-19 at their workplace and requiring them to quarantine for the required amount of time. Employees will immediately be sent home to quarantine/tests should a person in their workplace test positive for COVID-19.

In addition, a policy has been implemented to protect the privacy of workers' health status and health information. Should an employee test positive for COVID-19, this employee(s) shall remain un-named throughout the entire quarantine process.

## **Handwashing**

Basic infection prevention measures are being implemented at our workplaces at all times. Workers are instructed to wash their hands for at least 20 seconds with soap and water frequently throughout the day, but especially at the beginning and end of their shift, prior to any mealtimes and after using the toilet. All visitors to the facility will be required to wash their hands prior to or immediately upon entering the facility. Some workplaces may have hand-sanitizer dispensers (that use sanitizers of greater than 60% alcohol) that can be used for hand hygiene in place of soap and water, as long as hands are not visibly soiled.

Additional industrial hand cleaners have been placed in wash areas for hand washing/disinfecting. Hand sanitizer is available throughout the facilities for employee use.

## Respiratory etiquette: Cover your cough or sneeze

Workers and visitors are being instructed to cover their mouth and nose with their sleeve or a tissue when coughing or sneezing and to avoid touching their face, in particular their mouth, nose and eyes, with their hands. They should dispose of tissues in the trash and wash or sanitize their hands immediately afterward. Respiratory etiquette will be demonstrated on posters and supported by making tissues and trash receptacles available to all workers and visitors. Signage has been posted throughout the facility

## **Social distancing**

Social distancing is being implemented in the workplace through the following engineering and administrative controls: Workers and visitors are prohibited from gathering in groups and confined areas, including elevators, and from using other workers' personal protective equipment, phones, computer equipment, desks, cubicles, workstations, offices or other personal work tools and equipment.

## Housekeeping

Regular housekeeping practices are being implemented, including routine cleaning and disinfecting of work surfaces, equipment, tools and machinery, and areas in the work environment, including restrooms, break rooms, lunch rooms and meeting rooms. Frequent cleaning and disinfecting will be conducted in high-touch areas, such as phones, keyboards, touch screens, controls, door handles, elevator panels, railings, copy

machines, etc. Each morning, office areas are disinfected and wiped down, each weekend an outside cleaning vendor cleans the entire office facilities/washrooms.

# **Communications and training**

This Preparedness Plan was communicated **verbally** to all workers **March 27, 2020** and necessary training was provided. Additional communication and training will be ongoing **verbally/written/signage** and provided to all workers who did not receive the initial training. Managers and supervisors are to monitor how effective the program has been implemented by **physical inspections**. Management and workers are to work through this new program together and update the training as necessary. This Preparedness Plan has been certified by **Press Sure Printing, Inc.** management and was posted throughout the workplace April 1, 2020. It will be updated as necessary.

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John P. Warian

Owner

## Appendix A - Guidance for developing a COVID-19 Preparedness Plan

#### General

www.cdc.gov/coronavirus/2019-nCoV

www.health.state.mn.us/diseases/coronavirus

www.osha.gov

www.dli.mn.gov

### Handwashing

www.cdc.gov/handwashing/when-how-handwashing.html

www.cdc.gov/handwashing

https://youtu.be/d914EnpU4Fo

#### Respiratory etiquette: Cover your cough or sneeze

www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html

www.health.state.mn.us/diseases/coronavirus/prevention.html

www.cdc.gov/healthywater/hygiene/etiquette/coughing sneezing.html

#### **Social distancing**

www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html

www.health.state.mn.us/diseases/coronavirus/businesses.html

#### Housekeeping

www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html

www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html

www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2

www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html

#### **Employees exhibiting signs and symptoms of COVID-19**

www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html

www.health.state.mn.us/diseases/coronavirus/basics.html

## **Training**

www.health.state.mn.us/diseases/coronavirus/about.pdf

www.cdc.gov/coronavirus/2019-ncov/community/guidance-small-business.html

www.osha.gov/Publications/OSHA3990.pdf